

Vale of the Red Horse Health Care Centres

Silver Cloud Guide

Silver Cloud is an online self-help wellbeing programme that patients can self-refer themselves to.

Log In Details

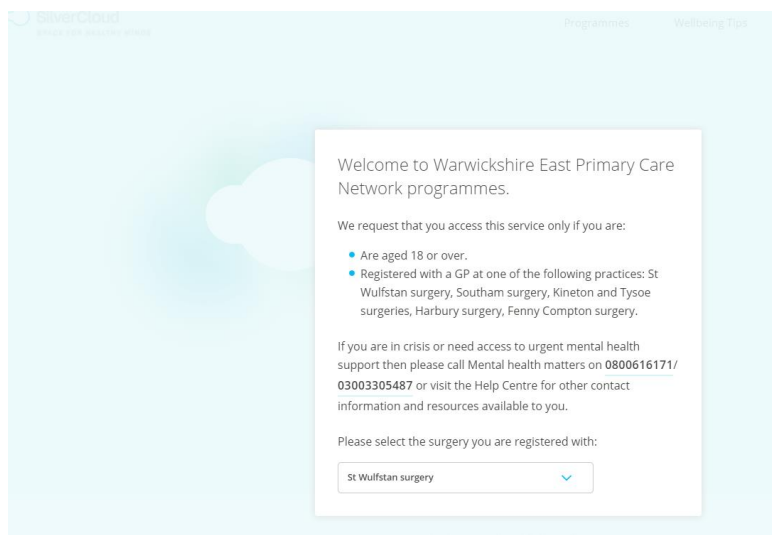
<https://wepcn.silvercloudhealth.com/signup/>

Access pin on sign up for self-referral users: WEPCN2022

Unsupported Process

Step 1:

Select your GP Surgery from the dropdown menu:



The screenshot shows the Silver Cloud sign-up interface. At the top left, it says 'Silver Cloud' and 'WELCOME TO THE HEALTHY WAY'. At the top right, there are links for 'Programmes' and 'Wellbeing Tips'. The main content area has a light blue background with a white box containing the following text:

Welcome to Warwickshire East Primary Care Network programmes.

We request that you access this service only if you are:

- Are aged 18 or over.
- Registered with a GP at one of the following practices: St Wulfstan surgery, Southam surgery, Kineton and Tysoe surgeries, Harbury surgery, Fenny Compton surgery.

If you are in crisis or need access to urgent mental health support then please call Mental health matters on [0800616171](tel:0800616171)/[03003305487](tel:03003305487) or visit the Help Centre for other contact information and resources available to you.

Please select the surgery you are registered with:

St Wulfstan surgery

Step 2

Set your account up

Fig.1

Let's set up your account...

Please enter your email...

Please enter an access code...

Please choose a password...

Sign Up

If you have already signed up, then **Log In**

If you would like help right now, go to **Find Help** 

If you have any trouble creating your account, contact us at technicalassistance@silvercloudhealth.com

Fig 2:

Access Code for all is

Let's set up your account...

Please enter your email...
christine.wirtz@nhs.net

Please enter an access code...
WEPCN2022

Please choose a password...
●●●●●●●●

Show Password

Sign Up

Should be:
✓ 10 characters - Great
✓ Less easy to guess

Tips for a good password

If you have already signed up, then [Log In](#)

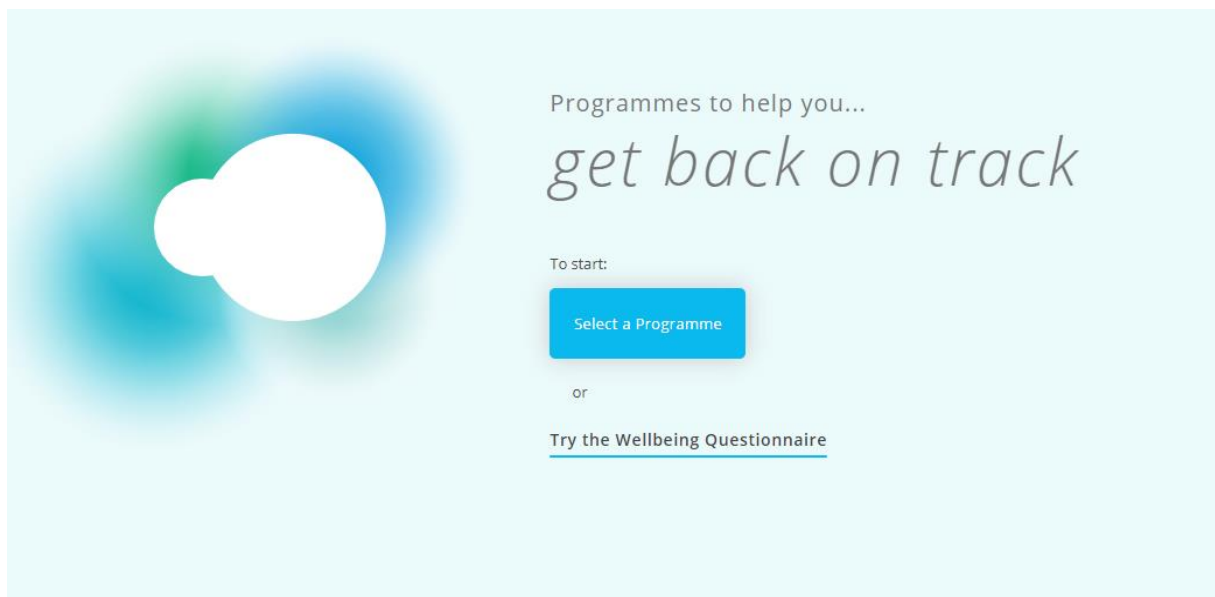
If you would like help right now, go to [Find Help](#)

If you have any trouble creating your account, contact us at technicalassistance@silvercloudhealth.com

Step 3

Select a programme

Fig 1.



Step 4:

Begin the programme



Home

Programme

Tools



Helpful Tip! You can be reminded to log in by going to your Account Settings and turning on Reminders. [Turn on now](#)

MY PROGRAMME

[Full programme](#) →



YOUR FIRST MODULE IS...

Welcome To SilverCloud

[Begin](#) →