



Harbury Surgery Newsletter

Summer 2013



Opening Hours



for Bank Holiday on Monday 26 August. Please order medications in good time and remember to pick up before the holidays.

Staff News

Pat in Harbury dispensary, and also covered Bishops Surgery in Denise's absence, retired in April. Pat had worked for the Surgery for many years and will be missed by staff and patients. We wish her every happiness in her well deserved retirement, although we think she has some other projects in the pipeline already!

We also have a new receptionist. Amy joined us recently and will be working most days on reception and admin.

National Carers Week 10th – 16th June 2013 'Prepared to Care'

There will a range of events across the district where you can drop in to have a chat, gain help or information and make sure you are accessing all the practical and emotional support you need.

Asda	Leamington	Mon 10 June	9.30am – 4.00pm
Dobbies Garden Cent	Atherstone	Mon 10 June	9.30am – 2.30pm
Blooms Garden Cent	Rugby	Mon 10 June	10.00am – 2.00pm
Central Surgery	Rugby	Tues 11 June	9.30am – 11.30am 2.00pm – 4.30pm
Sainsbury's	Kenilworth	Tues 11 June Thurs 13 June	10.00am – 1.00pm 1.00pm – 4.00pm
Sainsbury's	Warwick	Weds 12 June and Fri 14 June	10.00am – 3.30pm
Ropewalk	Nuneaton	Thurs 13 June	10.00am – 2.00pm
Library (main)	Rugby	Thurs 13 June	10.00am – 2.00pm
Asda	Nuneaton	Fri 14 June	9.30am – 2.00pm
Asda	Rugby	Fri 14 June	10.00am – 2.00pm



Have you applied for your FREE Emergency Card?

This bright coloured, easily recognised card identifies you as a carer. If you are caught up in an emergency and are unable to contact the person you care for, your emergency card holds your key contacts.

Offering peace of mind to carers: call Guideposts to request yours today.

Offering peace of mind to all carers in Warwickshire

Guideposts Carers Support can be contacted on 0845 600 9980



NHS 111 Service

NHS 111 is a new service that's being introduced to make it easier for you to access local NHS healthcare services. You can call 111 when you need medical help fast but it's not a 999 emergency. NHS 111 is a fast and easy way to get the right help, whatever the time.

NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones.

When to use it

You should use the NHS 111 service if you urgently need medical help or advice but it's not a life-threatening situation.

Call 111 if:

- **you need medical help fast but it's not a 999 emergency**
- **you think you need to go to A&E or need another NHS urgent care service**
- **you don't know who to call or you don't have a GP to call**
- **you need health information or reassurance about what to do next**

For less urgent health needs, contact your GP or local pharmacist in the usual way.

If a health professional has given you a specific phone number to call when you are concerned about your condition, continue to use that number.

For immediate, life-threatening emergencies, continue to call 999.

How does it work?

The NHS 111 service is staffed by a team of fully trained advisers, supported by experienced nurses. They will ask you questions to assess your symptoms, then give you the healthcare advice you need or direct you straightaway to the local service that can help you best. That could be A&E, an out-of-hours doctor, an urgent care centre or a walk-in centre, a community nurse, an emergency dentist or a late-opening chemist.

Where possible, the NHS 111 team will book you an appointment or transfer you directly to the people you need to speak to.

If NHS 111 advisers think you need an ambulance, they will immediately arrange for one to be sent to you.

Calls to 111 are recorded. All calls and the records created are maintained securely, and will only be shared with others directly involved with your care.

NEW PARENTS – With effect from 1 July, baby clinic will no longer be held at Harbury Surgery. Nicky Frogley (Health Visitor) will see babies at Bishops Itchington Early Years Centre, Poplar Road, Bishops on the first and third Wednesday of each month (1pm -2.45pm). A clinic is also held at Southam Clinic every Tuesday between 9.30am and 11.30am.